# Mentoring A FEM perspective

## **Aurélie Carlier**



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- **FEM-Maastricht University**
- **O O FEM\_Maastricht**

















3 Mentoring – the good, bad & ugly

**Open discussion** 4



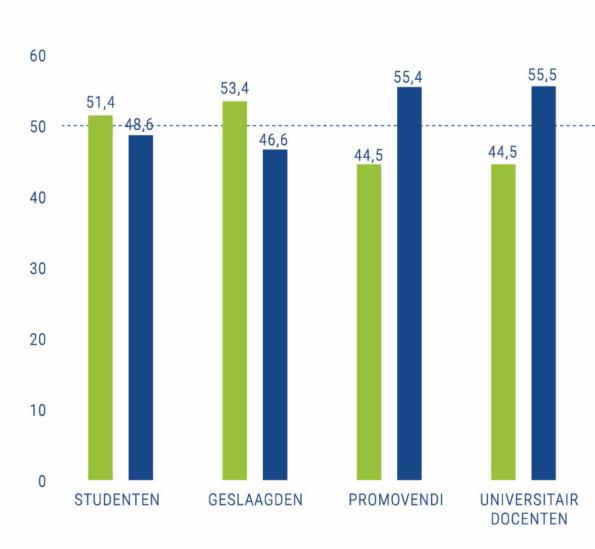




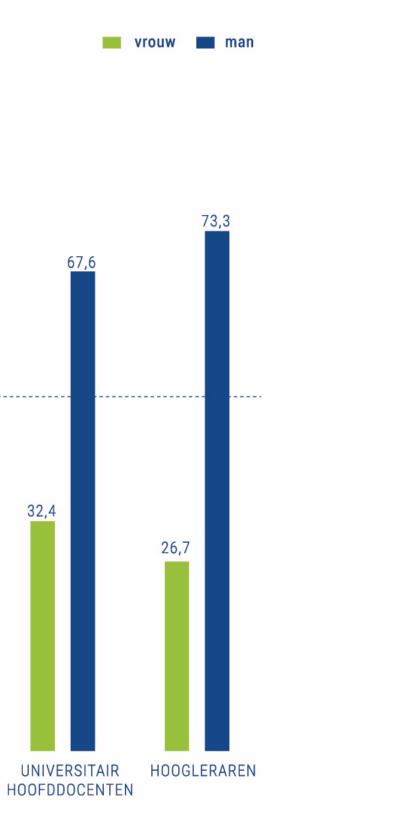
## Why FEM?

80

70



#### LNVH monitor 2022







#### What is FEM?

- Network under D&I office
- Board with academic and support staff across all faculties
- For all employees, academic and support staff, all gender, all rank

#### Our mission

- Raise awareness of challenges and opportunities relating to gender equality and equity within the UM community;
- Encourage an open discussion on gender equality in terms of career and work life within the UM;
- Identify current issues and problematic areas of gender equality and equity and contribute to shape policies;
- Increase the visibility of women at the university at all career stages;
- Cooperate with other platforms with a similar vision within and outside the Netherlands
- Facilitate collaborative interaction between junior and senior staff members at UM, staff from different faculties and different faculty positions (administration and academic);



#### Trainings

- Active Bystander training
- Bridging the gap
- Together with Staff Career Centre at Maastricht University



DM

MYA

**REGISTER VIA THE LINK** 

#### ACTIVE BYSTANDER TRAINING

Maastricht University

September 26, 2022 | 15:30 - 17:00 hrs ONLINE SESSION

At times events around us might make us feel uncomfortable, we might witness discrimination, harassment or even worse. When this happens, we can choose to say and do something or to simply let these injustices go unnoticed.

Although it might be scary to speak up or these episodes may seem minor to you, they can actually have a significant impact on an individual's confidence and safety on the work place.

Hence, how to challenge these toxic behaviours? How to become an active bystander?



### Informing

- Twitter, LinkedIn, Instagram
- Website
- Grant leaflet
- Citation Guide





#### Grants for women in academia



#### Networking



- Women Researcher's Festival
- Webinars





#### FEMALE RESEARCHER'S FESTIVAL





#### #INTERNATIONALWOMENSDAY

Session 1: 10:00 CET

FEM Maastricht | @FemMaastricht | pintofscience.nl | @pintofsciencenl



#### Networking

# • FEM keynote series WHY DO WOMEN SAV VES DE CLUB BOOK LAUNCH OF "DE NEE CUB" MONDAY 12 DEEMBER 14:00 - 17:00



KELSKY STH OF APRIL 15:00-16:30 / ONLINE



#### ANGELA SAINI

HOW HAVE MYTHS ABOU FEMALE INTELLECTUAL INFERIORITY DAMAGED OUR UNDERSTANDING O HUMAN DIFFERENCE, AN



Stole Empor

#### FIGHTING THE MYTH OF FEMALE INFERIORITY





### Policy



- VIDI Extensions
- ERC negotiations
- COVID 19 FEM White Paper





Lessons from COVID-19

#### WHITE PAPER

on mitigating the negative effects of the Covid-19 crisis on caregivers at Maastricht University

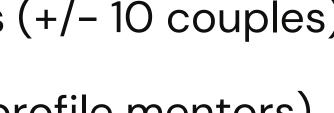






### Mentoring

- Pilot 2019
- Asked for mentors/mentees (+/- 10 couples)
- Matching (because of high profile mentors)
- Only female mentees
- Provided rules of engagement
- Survey to gather feedback







### Lessons learned from mentoring pilot

- Hard to find mentors (time consuming but rewarding)
- Matching is not perfect (personality, faculty)
- Rules of engagement are important to set bounds
- Mentees seek very different things





#### Next steps

- Inventory of UM initiatives
- Harmonize initiatives
- Mentor training
- Database of mentors





### Food for thought

- Should we call it mentoring?
- Incentives for mentors? Part of academic citizenship?
- How to do the matching? How to ensure good chemistry?
- Should it be per faculty or interfaculty?
- Diversity aspects are we not overburdening particular groups?





# Female Empowerment Maastricht Thank you!



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