



# **U**Bremen BYRD

Early Career Researcher Development

YERUN Staff Training: Entrepreneurship and Employability Bremen, 13.03.-15.03.2018

Kerstin Lange/Imke Girßmann: Supporting career paths of doctoral and postdoctoral researchers inside and outside academia







#### What is BYRD?

- Bremen Early Career Researcher
   Development
- Central contact point for doctoral candidates, postdocs and advanced researchers
- Information, advice and workshops on career orientation, personal development, and networking for doctoral and postdoctoral researchers









# **Counseling**

- PhD candidates
- Students
- International Graduates

# Qualification

- PhD Process
- Transferable Skills
- Professional Orientation

# **Networking**

- PhD Networks
- Peer Coaching
- Social Meetings





#### Our goals:

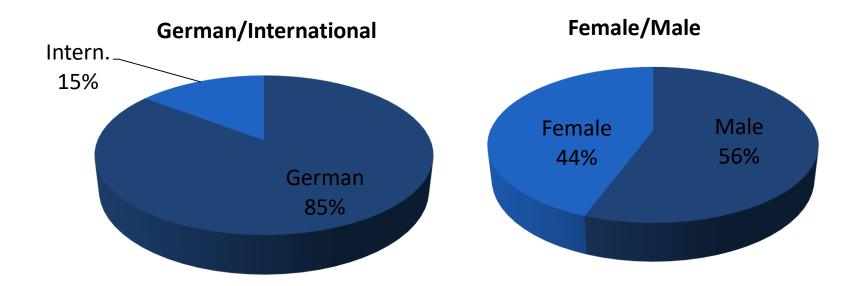
- To support PhD candidates and postdocs during their qualification phase.
- To assist early career researchers in clarifying their career goals either inside or outside the University.
- To offer information, advice and workshops on career orientation and to coordinate university-wide support services.
- To make doctoral researchers and postdocs visible as a distinctive peer group and to create opportunities for networking and interdisciplinary exchange.
- To provide researchers with interdisciplinary skills that enable them to perform excellent teaching and research as well as to contribute with their research findings to society.





# **Doctoral Researchers in Germany**

Total number: 196,200

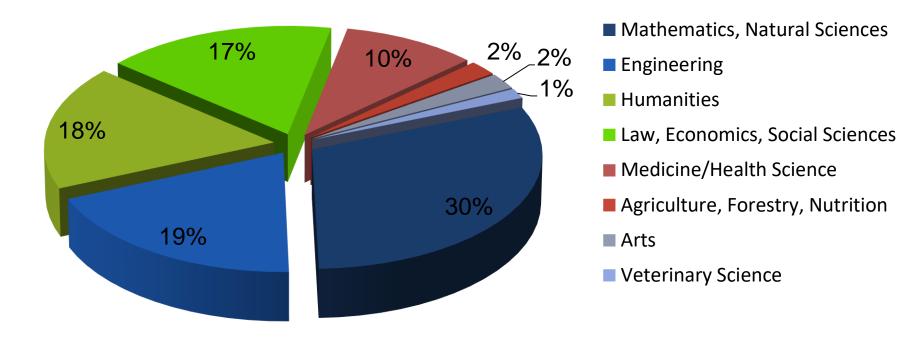


Data source: Federal Statistical Office of Germany, Promovierende in Deutschland 2014/15



# **Doctoral Researchers in Germany**

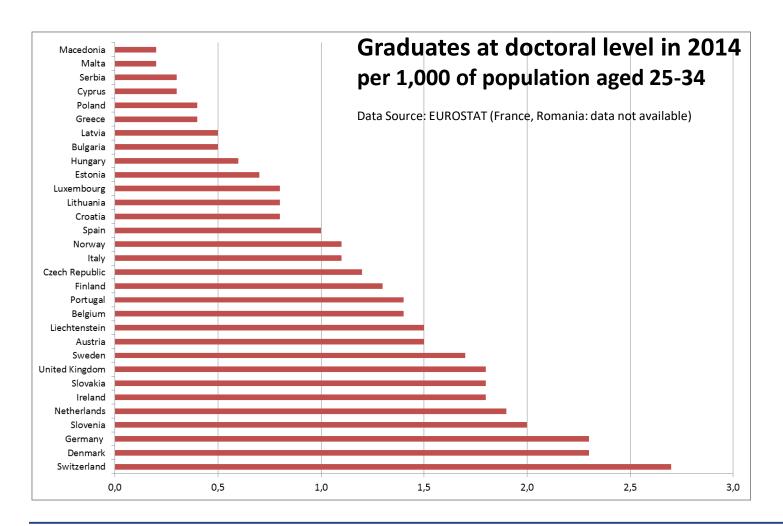
Total number: 196,200 (15% international, 44% female)



Data Source: Federal Statistical Office of Germany, Promovierende in Deutschland 2014/2015



# **Facts and figures for Europe**





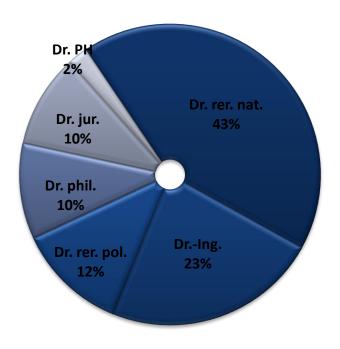


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# **UBremen: Doctoral Awards 2016**

- 303 in total
- 46 % to women
- 23 % to international candidates



The number of doctoral degrees awarded increased from 17.383 (year 2000) to 20.821 (year 2014).

"Bottle Neck": About 200.000 doctoral researchers – about 45.000 full professorships in Germany.

- 1. How to support doctoral researchers in their career planning?
- 2. What do doctoral researchers have to offer?



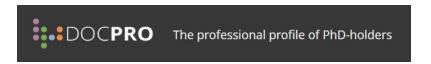
#### **AWARENESS - COMPETENCIES**

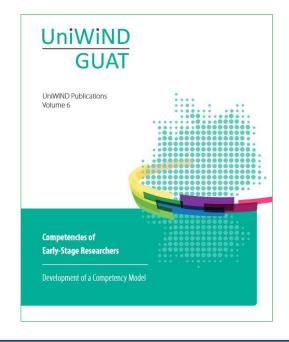
# Supporting professional and personal development



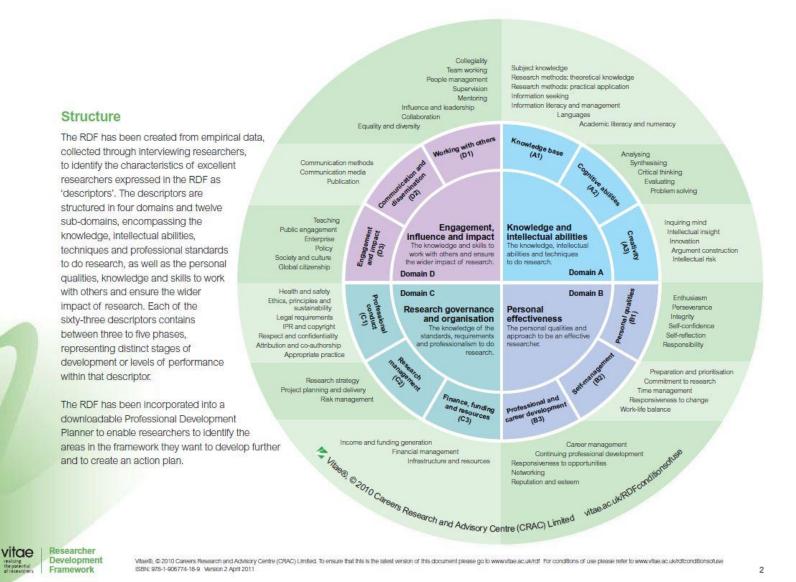


COMPETENCY FRAMEWORK FOR PHD HOLDERS











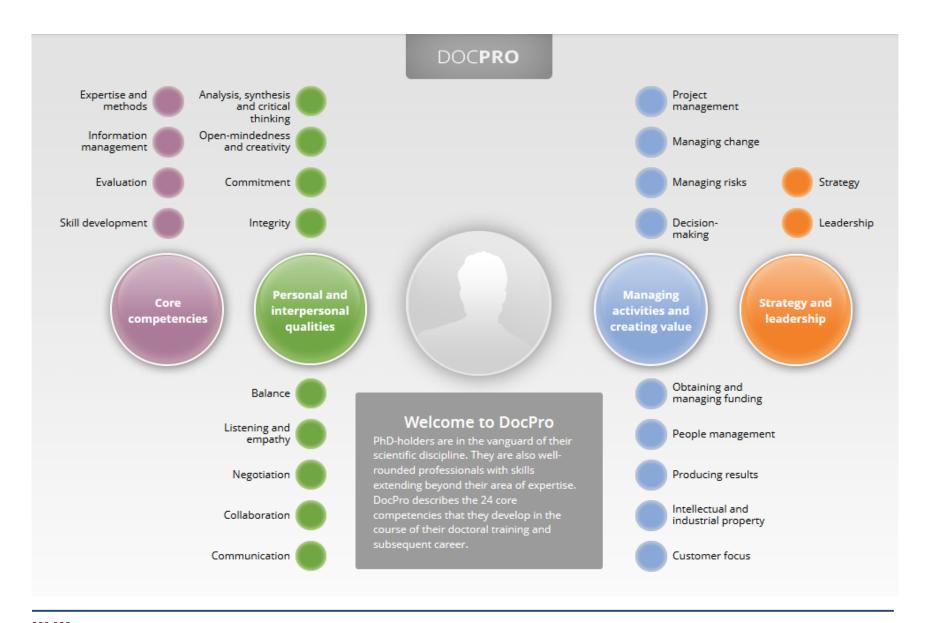
Source: https://www.vitae.ac.uk





# **Competences**

- Academic Research Competences: Data management,
   Publication skills, Research methods
- Intellectual Competences: Critical judgement, Analytical thinking, Problem solving
- Personal Effectiveness: Autonomy, Responsibility, Initiative, Flexibility
- Task-Orientedness: Organisation & Coordination, Progress monitoring, Project planning
- Interpersonal Competences: Negotiation, Presentation skills,
   Collaboration, Networking





# **Application and Career**

#### So you're doing a PhD... What's next?

"Finishing a PhD is intensive scientific work – and can be quite a struggle. But what happens afterwards? How to be ready for the 'real world'? How to make money and find fulfillment?"

#### **Career Planning: Create a career portfolio**

"Participants will learn how to develop an accurate picture of their talents, interests, values and preferred lifestyle."

#### **International Applications for Early Career Researchers**

"PhD Researchers are quite confident about application processes in academic research. But for application outside academia there are a lot of different needs and conditions applicants have to be aware of."





# **Leaving Academia**

# Career paths of researchers from the Social Sciences and the Humanities





18.10.2017



#### **Transferable Skills**

Presentation Skills: Engaging the Listener in your talk

Intercultural Competence:
Global skills for university and professional life



#### **Leadership Skills:**

How to initiate and facilitate constructive communication, cooperation and innovation

**Communication matters!** 

The challenges of scientific teamwork and everyday university life



# **Professional Development for Doctoral Researchers**



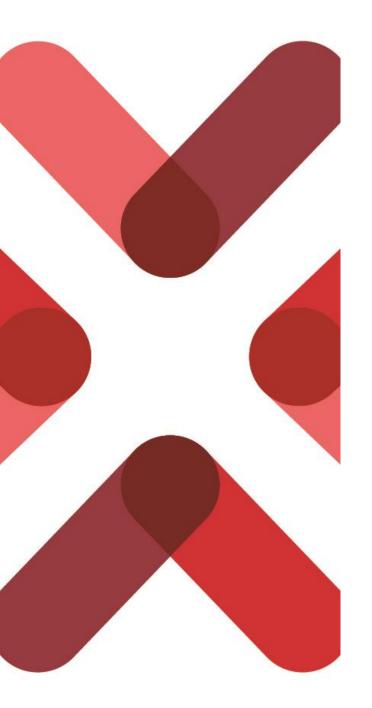
"Expectations for researchers have changed worldwide. Now new PhD graduates are expected to possess an array of skills in addition to the ability to conduct research.

They are expected to be competent writers, speakers, managers, and team members who can communicate research goals and results effectively inside and outside universities."

Maresi Nerad 2015

Source: Maresi Nerad, Professional Development for Doctoral Students: What is it? Why Now? Who does it? Nagoya Journal of Higher Education, Vol.15, pp.285-318, 2015.





# **Offerings for Postdocs**

- Consultation
- Workshops



#### **Consulation**

- Assistance in clarifying one's career goals inside or outside the University
- Provide support in implementing accordant measures



# Workshops

- "Competency Awareness: What am I capable of and how do I present it?"
- "Starting a Career in the Non-Academic Labor Market"
- Assessment Center Training
- Discussion with company founders on self-employment

# "Plan B": Group Coaching

- Small group of six people
- Four one-day meetings in four months
- "Homework"

#### Idea:

- To find out more about your own competencies, qualification and values
- To develop your profile for the non-academic labor market
- To build contacts to interesting fields of work
- Work on applications



# "Plan B" - Group Coaching

#### Quotes from a letter of motivation:

- "I am quite successful in my scientific work (...), but I still have doubts if I really want to follow that path."
- "So far I always stayed in this situation, because it was somehow ok, but I am really at a point where I need to think about it – but I do not manage on my own."



# "Plan B" - Group Coaching

• Quotes from the evaluation:

- "We got very useful feedback, created our own profiles of competencies and values and translated them into 'labor market language'."
- "We also got to know good methods and materials, so that I can search for jobs with a better feeling and much more self-confidence now."

# Thank you!

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www.facebook.com/byrd.ub



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